



# 80

PD Points

## ABSA Certificate Course

# Behaviour Management Pillars

A four-week Certificate Course that will teach boarding staff four essential principles of youth leadership and behaviour management: Connecting with Empathy, Balancing Warmth and Control, Focusing on Strengths and Expecting the Unexpected.



Young people are more volatile, impulsive, rebellious and disobedient than adults. Simply put, young brains function differently to adult brains and although that difference keeps things lively, it can generate exhausting misbehaviours. To manage those behaviours whilst preserving stamina and sanity, all boarding staff need practical tools grounded in robust research.

In this fast-paced course, participants will learn new approaches to nurturing relationships, maintaining equanimity, creating durable change and responding to novel challenges. Equipped with these tools, you'll discover much more to love about your job.



CREATING THE FUTURE FOR BOARDING SCHOOLS



**When:** 4 x 1hr sessions (11.00AM - 12.00PM AEST)  
Monday 1st, 8th, 15th, 22nd March

**Where:** Zoom

**Who:** All Boarding Staff

**How:** [Register Here](#)

**Cost:** \$165 inc GST per person



## See Course Details Below

### Certificate Courses

As part of the professional learning opportunities offered by ABSA there is a range of Certificate Courses specifically aimed at professionals working in boarding schools. These certificates will concentrate on one key aspect of learning and will provide those undertaking the courses with in-depth knowledge of the topic. These will also allow participants to obtain Continuing Professional Development points, ensuring the requirement of the Boarding Standard for Australian Schools and Residences to take part in continuous boarding specific learning can be tracked.

### Objectives and Achievement Criteria

1. Appreciate the interpersonal value of providing empathy before problem solving and demonstrate the appropriate use of compassion to nurture adult-child relationships.
2. Understand the four basic parenting and leadership styles and demonstrate how to balance control and warmth in the boarding setting.
3. Review the tenets of positive psychology and practice putting those principles into action in high-conflict or low achievement scenarios.
4. Describe and demonstrate the transcendent constructs that permit adults to respond with poise and sensitivity to unexpected confrontations.

### Course Structure

- Module 1 - Connecting with Empathy
- Module 2 - Balancing Warmth and Control
- Module 3 - Focusing on Strengths
- Module 4 - Expecting the Unexpected

### Elements

- Webinars
- Readings
- Quizzes
- Tools and Resources



Boarding  
Professional  
Development



#### Cancellation Policy

Cancellations received two weeks prior to workshop date will not be charged.

Cancellations after this date will be given no refund, however registrations may be transferred.